

Adult Enrichment Classes

2024 Fall Catalog

October 7 – November 12



COME & ENJOY
Spending An Hour or Two
Learning Something New!

**36 New Classes. Each Meets one time for 1-2 hours.
All Start at 9:30, 11:30, or 1:30 on Monday or Tuesday.**



14700 Watertown Plank Rd.
Elm Grove WI 53122-2327
262-782-4060 ext. 221
www.EGS4LL.org
EGS4LL.questions@gmail.com

FALL CATALOG
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An Outreach Program of Community United Methodist Church. All are Welcome!



MISSION: *Elm Grove School for Lifelong Learning (EGS4LL) is a self-supporting, non-profit organization dedicated to enriching the lives of others by providing opportunities that promote adult learning, conversation, and social interaction in a safe and welcoming environment. EGS4LL is a public outreach of Community United Methodist Church in Elm Grove. All are Welcome!*

CLASSES: Our school specializes in interesting, informative, and enjoyable non-credit Adult Enrichment Classes. Since opening our doors in 2017, we have offered more than 330 classes covering a wide variety of topics including:

Wisconsin Stories	Art Appreciation	Wisconsin Sports
Historic Events	Musical Masterpieces	Travel Adventures
Current Issues	Writing & Literature	Arts & Crafts
Nature's Wonders	Health & Fitness	World Religions
Scientific Discoveries	Culinary Delights	Retirement Living
Evolving Technologies	Gardening Ideas	Estate Planning

EGS4LL classes are taught by outside professionals who are passionate about their subjects and eager to share their knowledge and experiences with other lifelong learners.

Classes are scheduled to meet just one time, for 1-2 hours on Mondays or Tuesdays between Oct. 7 and Nov. 12, 2024. Classes begin at either 9:30 a.m., 11:30 a.m., or 1:30 p.m.

LOCATION: EGS4LL is conveniently located just one mile east of *Brookfield Square Shopping Center*, at *Community United Methodist Church*, 14700 Watertown Plank Road, Elm Grove WI 53122. Parking is abundant and free in the large church lot off Watertown Plank Road. Classes are held in Fellowship Hall on the ground level which has direct entry from the courtyard west of the parking lot. The hall is fully accessible and can accommodate social-distanced seating.

PRICING: EGS4LL offers pricing options that allow you to economically choose between paying \$10 per Class, or \$65 per Term for Unlimited Classes during the Fall.

REGISTRATION: Registration Forms are included at the back of this catalog. Additional Catalogs & Forms can be downloaded at www.EGS4LL.org or picked up at *Community United Methodist Church*, 14700 Watertown Plank Road, Elm Grove WI 53122 between 9:00 a.m. and 3:00 p.m. on weekdays. Catalogs may also be found at Participating Libraries, Senior Centers, Businesses, and Organizations.

WALK-INS: Pre-registration is strongly encouraged. However, Walk-Ins are always welcome. Since our school does not take credit cards, please come prepared to pay with Cash or Check made payable to CUMC-EGS4LL (if you are not already enrolled for the Term's Unlimited Classes).

CONTACT US: Please reach out to us at any time with Questions, Class Suggestions, Volunteering, and/or Other Matters related to our lifelong learning school.

Email: EGS4LL.questions@gmail.com

Website: www.EGS4LL.org

Phone: 262-782-4060 ext. 221

Mail: CUMC-EGS4LL, 14700 Watertown Plank Road, Elm Grove, WI 53122

2024 FALL CLASSES

OCTOBER 7 & 8

Monday

# 701	America's Worst Maritime Disaster														
	Oct. 7	9:30 - 11:00 a.m.	1.5 hrs.												
<p>After being released from the horrors of Confederate Prison Camps, many Union Prisoners of War were on their way home onboard the massively overloaded <i>S.S. Sultana</i>. Then on April 27, 1865, more than 1,200 died when the steamship's boilers blew up on the Mississippi near Memphis TN. Come to this presentation to learn about America's worst and little-known maritime disaster.</p> <p>Dr. Peter H. Jacobsohn, DDS is retired from private practice and from being Chair of the Oral and Maxillofacial Surgery Division of Marquette University School of Dentistry. He is the Emeritus Curator of their Dental Museum. Dr. Jacobsohn is also past president of the American Academy of the History of Dentistry, and the Civil War Round Table of Milwaukee. Currently, he writes and speaks on the history of medicine and dentistry, as well as American wars.</p>															
# 702	Medicine's New-Fangled Ideas 1869-1914														
	Oct. 7	11:30 - 1:00 p.m.	1.5 hrs.												
<p>Although medical care improved greatly during the Civil War, it wasn't until the period between 1869 and 1914 that the causes for sickness and disease were uncovered through the work of pioneers including:</p> <table style="width: 100%; border: none;"> <tr> <td style="padding: 2px;"><i>Ignac Semmelweis</i></td> <td style="padding: 2px;"><i>Theodore Billroth</i></td> <td style="padding: 2px;"><i>William Keen</i></td> </tr> <tr> <td style="padding: 2px;"><i>Robert Koch</i></td> <td style="padding: 2px;"><i>Joseph Barnes</i></td> <td style="padding: 2px;"><i>Jonathan Letterman</i></td> </tr> <tr> <td style="padding: 2px;"><i>Joseph Lister</i></td> <td style="padding: 2px;"><i>John Brinton</i></td> <td style="padding: 2px;"><i>Silas Mitchell</i></td> </tr> <tr> <td style="padding: 2px;"><i>Louis Pasteur</i></td> <td style="padding: 2px;"><i>William Hammond</i></td> <td style="padding: 2px;"><i>Madame Currie</i></td> </tr> </table> <p>Hear their stories, and why so many others were reluctant to change their ways during this <i>Era of New-Fangled Ideas</i>.</p> <p>Gordon Dammann, DDS is a retired dentist and Civil War scholar. He founded the National Museum of Civil War Medicine, authored five books and numerous articles related to Civil War Medicine, and is Guide Emeritus Antietam National Battlefield.</p>				<i>Ignac Semmelweis</i>	<i>Theodore Billroth</i>	<i>William Keen</i>	<i>Robert Koch</i>	<i>Joseph Barnes</i>	<i>Jonathan Letterman</i>	<i>Joseph Lister</i>	<i>John Brinton</i>	<i>Silas Mitchell</i>	<i>Louis Pasteur</i>	<i>William Hammond</i>	<i>Madame Currie</i>
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# 703	Lost Lady: The Lady Elgin Tragedy														
	Oct. 7	1:30 - 3:00 p.m.	1.5 hrs.												
<p>M. Paul Hollander's latest historical fiction book <i>Lost Lady: The Lady Elgin Tragedy</i>, tells the story of the circumstances that led up to the 1860 shipwreck and sinking of this luxury steamship on Lake Michigan. The presentation delves into the political, religious, technological, and racial aspects of this time in American history, and how all of it melded together to create the worst loss of life on the waters of the Great Lakes.</p> <p>Paul Timm has been a teacher for 31 years and writes under the pen name M. Paul Hollander. Under his given name, he travels around southern Wisconsin and northern Illinois giving presentations that recount the politics, history, and legacy of the Lady Elgin Shipwreck, Lewis & Clark Expedition, and the Early English Settlements: Roanoke, Jamestown, and Plymouth Rock. His historical fiction books for Young Adults will be available for purchase after his presentation.</p>															

Tuesday

# 704	Trouble Spots Around the World		
	Oct. 8	9:30 - 11:00 a.m.	1.5 hrs.
<p>Depending upon the world situation at the time of this class, we will discuss tensions across the continents that could impact the USA both politically and economically. During this very interactive class, you will hear about some of the contributing factors related to these tensions, as well as their implications and possible future outcomes.</p> <p>Frank Loh is an international business instructor who has lectured at higher educational institutions such as Concordia University, Upper Iowa University, Ottawa University, and Waukesha County Technical College.</p>			
# 705	Preserving Your Family History		
	Oct. 8	11:30 - 1:00 p.m.	1.5 hrs.
<p>Are your family records, stories, pictures gathering dust? Do you want to know more about your ancestors? Then this class is for you! Learn a system for organizing your family history items that you can adapt to your specific needs. Find out how to uncover your ancestors' past beyond your own personal knowledge. And, discover online tools to build your family tree with a flip of the switch, and feel the excitement of finding your roots and who you are!</p> <p>Cindy Cuzner is a genealogy consultant and support specialist with FamilySearch Centers. Her interest in genealogy began when she took a class during her last semester in college at Brigham Young University. Since 1987, she has worked in family history centers everywhere she has lived, and was the Family History Center Director in Brookfield from 2015 to 2021.</p>			
# 706	Movie Music Romance III		
	Oct. 8	1:30 - 3:00 p.m.	1.5 hrs.
<p>Join us for another presentation of sensational songs and dances from the past 100 years of film history. John LeGear will showcase more of the most creatively conceived movie scenes, love songs and dance pairings ever seen on the silver screen. Little-known insights and behind-the-scenes stories will make these memorable film clips appear as if you're seeing them for the first time. It's a journey down memory lane through lyrical splendor that will turn your toes to tapping and your heart to singing all the way home!</p> <p>John LeGear is a marketing veteran schooled in journalism & broadcast communications. He has produced and presented multi-media history shows at public libraries, community colleges & senior centers. Among them are his 2-part "American History & Today" and 13-episode "Movie Music" film history series.</p>			

OCTOBER 14 & 15

Monday

# 707	A Novice Journey: Writing Mysteries		
	Oct. 14	9:30 - 10:30 a.m.	1 hr.
<p>The journey from writing a draft to publishing a finished novel comes with a variety of opportunities. Join local author, Donna Rewolinski, as she talks about her own adventure and lessons learned as she navigated the process of creating the Novice Mystery Series: <i>Novice Mystery – IRELAND Novice Mystery – MEXICO</i>, and <i>Novice Mystery – FRANCE</i>. All three novels feature the main characters of Dan Novice (<i>a retired police detective</i>) and his wife Karen (<i>a retired social worker</i>) whose vacation travels are always interrupted by murder.</p> <p><i>Donna Rewolinski holds a bachelor's degree in criminal justice and a master's degree in social work. She is a practicing social worker and married to a 37-year career police officer and detective. All three of her novels will be for sale following her presentation.</i></p>			
# 708	Psychedelic Drugs: Healing Potential		
	Oct. 14	11:30 - 1:00 p.m.	1.5 hrs.
<p>The FDA granted breakthrough therapy status to Psilocybin, the active component of "magic mushrooms," for treatment of treatment-resistant depression. Clinical trials have revealed that a single dose can remarkably produce fast-acting and long-lasting antidepressant effects. Yet, we do not fully understand the therapeutic mechanisms of psychedelics. In this class, you'll learn what our lab and others are doing to uncover these mechanisms, as well as provide an overview of this rapidly developing field of research.</p> <p><i>Emma Bonniwell is a PhD candidate at the Medical College of Wisconsin in Dr. John McCorvy's lab. Her research focuses on drug design and pharmacology at serotonin receptors, with a focus on psychedelic drug action. The lab is uniquely NIH-funded to study the mechanisms of action of psychedelics and their therapeutic potential.</i></p>			
# 709	The Art & Craft of Felting a Necklace		
	Oct. 14	1:30 - 4:30 p.m.	3 hrs.
<p>Some people describe transforming wool into solid forms as magical. In this class you will be experiencing that magical transformation by making a beautiful necklace. Felting dates back to 6300 BC and was both an integral part of survival and an art form. In this class you'll learn about the history of felt and the basics of wet felting as you make your necklace. (NOTE: This longer, 3-hr. class is limited to 12.)</p> <p><i>Kati Fritz-Jung is a retired food scientist with 13 patents. In retirement she has turned her creativity to Art in many forms. Nothing has captivated her more than Felting. Now she specializes in Wearable Art. Her artistry has been featured in "Felt Matters" (the world's largest felting magazine) and her custom-made wearables have sold in the US, Latin America, and Europe. (www.feltartandwearables.com)</i></p>			

Tuesday

# 710	Heart Health Workshop		
	Oct. 15	9:30 - 11:00	1.5 hrs.
<p>Heart Disease remains the #1 cause of death in the U.S. Nearly 700,000 die each year from heart disease, and countless more live restricted, less active lives because of it. Come to this workshop to learn the facts about cholesterol, high blood pressure, and other contributing factors. In addition, discover strategies to reduce your own risk of heart disease, as well as new ways to improve your overall health.</p> <p><i>Mike Giesie, DC is passionate about educating & inspiring people about the Wisdom of the Body to function & heal so they can reach their full potential. He's an overall sports fan, and a multi-sport and triathlon athlete. Certified in spinal correction, nutrition & detoxification, Dr. Mike treats adults and children at Lakeview Family Chiropractic in Muskego WI.</i></p>			
# 711	Spies of the Civil War & WWII		
	Oct. 15	11:30 - 12:30 p.m.	1 hr.
<p>Come to this presentation to learn some interesting facts about Spying Activities leading up to and during the Civil War & World War II. Among the topics that will be discussed are:</p> <ul style="list-style-type: none"> • What is a spy? • Who are some of the more famous spies? • Which came first: The Chicken or Secret Service? • Spying 20 years before an attack. • FBI knew it was coming. Surprise! WWII. • President was a nice guy—just scared. <p><i>David J. Howard is PC Commander SUVCW (Sons of Union Veterans of the Civil War -- previously the Grand Army of the Republic). Their members give Patriotic Presentations at monthly meetings and public and private events.</i></p>			
# 712	Wisconsin's Art Scene		
	Oct. 15	1:30 - 3:00 p.m.	1.5 hrs.
<p>Come and learn all about the World of Art in Wisconsin from the co-author of the book: <i>A Creative Place: The History of Wisconsin Art</i>. Enjoy an in-depth presentation of her work in researching and writing about Wisconsin's art scene from post-World War II through present day. Learn about the artists, art styles and behind-the-scenes efforts that went into producing this most comprehensive survey of art in Wisconsin. Of particular interest is the rise of women artists and the proliferation of art mediums.</p> <p><i>Annemarie Sawkins, PhD is a Milwaukee-based curator, art historian, and author who has curated exhibitions for numerous museums across the United States. She has worked for the Milwaukee Art Museum and was associate curator at the Haggerty Museum of Art at Marquette University.</i></p>			

OCTOBER 21 & 22

Monday

# 713	Slave Trade Impacts on Africa		
	Oct. 21	9:30 - 11:00 a.m.	1.5hrs.
<p>From the 1400s to the 1800s, many societies in Africa faced the constant threat of warfare, raids and kidnapping due to the continuous presence of slave traders from Europe and the Americas along the Atlantic coastline of the continent. This talk will explain how this transformed Africa's political landscape as Africans responded to new challenges and opportunities presented by the mass trafficking of captive people from Africa to the Americas.</p> <p>Rebecca Schumway, PhD is an associate professor of History at UWM. Her focus is on West Africa and the trans-Atlantic slave trade with particular interest on Ghana. Her first book, "The Fante and the Transatlantic Slave Trade" was a finalist for the African Studies Association's Herskovits book prize. She is co-editor of "Slavery and its Legacy in Ghana and the Diaspora" and author of other publications.</p>			
# 714	The Joy of Birding		
	Oct. 21	11:30 - 12:30 p.m.	1 hr.
<p>Bird Watching is the number one passive recreational activity in the United States with more than 50 million enthusiasts. Flock to this presentation to:</p> <ul style="list-style-type: none"> • Enjoy beautiful images and sounds of local birds. • Learn ways to assist/encourage birds in your yard. • Correlate pictures of a birds with their namesakes. • Visit with a beautiful live owl from the Schlitz Audubon Nature Center. <p>Tom Finley is the Director of Education with the Schlitz Audubon Nature Center, and has been a career environmental educator for over 30 years. As a lifelong Wisconsin resident, he has a deep background in Lake Michigan ecology, Wisconsin geology and natural history, and a passion for birding. He has conducted numerous trips for adult learners to natural areas around the state.</p>			
# 715	What's Artificial Intelligence Anyway?		
	Oct. 21	1:30 - 3:30 p.m.	2 hrs.
<p>Artificial Intelligence (AI) seems to be impacting every aspect of our lives. But--What is it really? Which historic events drove it? Who played major roles in evolving this amazing technology since 1938? Why do so many people fear it?</p> <p>Through online demos, see how various AI models turn words into visions. View dozens of works of AI Art, and receive a unique step-by-step guide on how to use AI Image Generators to create your own works.</p> <p>Lynn & Richard Voigt share their experiences as artists, authors, educators, entrepreneurs, inventors, Master Gardeners, self-publishers and presenters. They've created and team-taught dozens of courses specifically for WCTC-LIR and UMW-Osher programs, universities, local businesses, libraries and churches.</p>			

Tuesday

# 716	Three Notable WI Women Artists		
	Oct. 22	9:30 - 10:30 a.m.	1 hr.
<p>During this class not only will you learn about the Art of three notable women artists from Wisconsin, but also how each one significantly impacted the World of Art and the State of Wisconsin:</p> <ul style="list-style-type: none"> • Ruth Grotenrath (1912 – 1988) • Elsa Ulbricht (1885 – 1980) • Lois Ireland (1928 -2020) <p>Jeanne Ferreira retired from a long career in data communications and then turned her focus to art and art history. She started out in watercolor, and later added pen & ink and experimental art to her repertoire. She served as a Docent at the Chazen Museum of Art. Then she became the Youth Art Program director for the Association of Wisconsin Artists where she now serves as its President.</p>			
# 717	Wisc. State Fair Through the Decades		
	Oct. 22	11:30 - 12:30 p.m.	1 hr.
<p>This presentation is a decade-by-decade exploration of the history of the Wisconsin State Fair. It covers the evolution of attractions, events, food, and more from the inaugural fair in Janesville in 1851 to the contemporary State Fair. It also includes the development and year-round use of Wisconsin State Fair Park in West Allis. This presentation is enhanced with photographs and other images from the collections of the Milwaukee County Historical Society Research Library.</p> <p>Michael Barera is the Assistant Archivist & Digitization Specialist at the Milwaukee County Historical Society with prior experience at the University of Michigan, University of Texas- Arlington Libraries, Texas A&M University-Commerce, Gerald Ford Presidential Library, and Henry Ford Museum. He also makes presentations on Milwaukee's Founders, Rivers, Transportation and Professional Baseball.</p>			
# 718	Original Cream Puffs ala State Fair		
	Oct. 22	1:30 - 2:30 p.m.	1 hr.
<p>Imagine a sunny day in early August at Wisconsin State Fair. Now go to the Original Cream Puff Pavilion and watch the making of cream puffs . . . from the dough being mixed in an industrial-strength Hobart, all the way to that moment when you're trying to get that last little schmutz of cream off the tip of your nose. (Maybe you'll even spot a celebrity or two during your time in the pavilion.) Finally imagine Oct. 22, when you're at this class, hearing about current operations, sharing fond memories, and learning the answer to the most frequently asked question at the pick-up window!</p> <p>Peggy Haas had a lifelong dream to work at the Original Cream Puff Pavilion for just one day. Her dream came true 10 years ago during the 90th anniversary of the Original Cream Puff. Since then, she has repeated this joy many more times -- including this Centennial Year!</p>			

OCTOBER 28 & 29

Monday

719 Vintage Milwaukee: A Postcard Tour

Oct. 28	9:30 - 11:00 a.m.	1.5 hrs.
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It is said that "Pictures are worth a thousand words." So come and experience Milwaukee's Days of Yore like never before -- through the Magic of Postcards!

Tom Casper is a retired Milwaukee Police Detective & Investigator with the Milwaukee County District Attorney's Office. Born and raised in Milwaukee, he developed a strong interest in its history. This led him to his passion for collecting "ephemera" (items of collectible memorabilia, typically written or printed ones, that were originally expected to have only short-term usefulness or popularity) & "Exonomia" (numismatic items such as tokens, medals, or scrip) which he has done for more than 50 years. His collections have been included in local exhibits.

720 Milwaukee's Panorama Painters

Oct. 28	11:30 - 1:00 p.m.	1.5 hrs.
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In the late 1800s, and early 1900s, Milwaukee was a hub for panoramic painters who created some of the largest paintings the world had ever seen. These images coupled with lifelike Dioramas were called Cycloramas which offered audiences immersive experiences that foreshadowed motion pictures. Among the artists working with these panoramic groups was Bernhard Schneider, whose artwork remains today in local houses, businesses and museums. Come to this class to learn more about him and his works.

David Zeh majored in History and minored in Anthropology at UW-Oshkosh. He earned his Master's Degree at UWM in Public History with a Certificate in Museum Studies. While there, he focused on researching late 19th and early 20th century American History, as well as the Indigenous Mounds of the Midwest.

721 Delicious Path to Whole Body Health

Oct. 28	1:30 - 3:30 p.m.	2 hrs.
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Explore, learn and taste a range of tantalizing flavors found in healthful Indian Cuisine. Gain a basic understanding of spices and legumes, and learn to cook a variety of easy-to-prepare vegetables and flavored rice dishes that will awaken your senses and open new doors to healthy and enjoyable eating.

Alamelu Vairavan Following a successful career in healthcare, Alamelu turned her passion for healthful cooking into a very impressive second act. She has authored seven cookbooks, been featured in national magazines & newspapers, appeared on many television & radio programs, and received an "Outstanding Contribution Award" from the James Beard Foundation. She may be best known for her PBS cooking show "Healthful Indian Flavors with Alamelu" on the PBS Create channel. Her cookbooks will be available for purchase following her presentation.

Tuesday

722 Book-Banning: A Writer's Viewpoint

Oct. 29	9:30 - 11:00 a.m.	1.5 hrs.
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Kathie Giorgio, the author of 15 books, including novels, short story collections, essays, and poetry, is no stranger to the banning of literature. Her earliest experience was in high school when parents protested her short story inclusion in the school's literary magazine. Recently Giorgio, who is on the "Wall of Stars" as an honored alumni at Waukesha North High School, found out her books had been banned from Waukesha Public Schools, as part of a sweep that removed many authors from the shelves. Giorgio will talk about the effects of book-banning on Students, the Public, and Authors.

Kahie Giorgio is the recipient of numerous prestigious literary awards, and her work has been incorporated into many visual and musical events. She is the founder and director of AllWriters' Workplace & Workshop LLC, an international creative writing studio.

723 Bombay to Brew City to Parkinson's Research

Oct. 29	11:30 - 12:30 p.m.	1 hr.
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This is a two-topic class. The first part will include highlights, insights, and lessons learned in achieving one's personal best as described in the presenter's memoir: *Bombay to Brew City - Reflections of a Cheesehead from India*. The second will focus on his breakthrough biomedical research at the Medical College of Wisconsin, and promising new drugs his team has developed for the treatment of Parkinson's Disease.

Balaraman Kalyanaraman, PhD is the Harry R. and Angeline E. Quadracci Professor in Parkinson's Research in the Department of Biophysics at the Medical College of Wisconsin. More recently, his research focus has involved the discovery of targeted drugs in preventing and mitigating drug efficacy and toxicity in cancer and Parkinson's disease. His work has received over 50,000 citations. Copies of his book will be available for purchase following this class.

724 Songs of the Minstrel

Oct. 29	1:30 - 3:00 p.m.	1.5 hrs.
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Learn about and experience the haunting sounds of the Nyckelharpa (*keyed violin from Sweden*) and the festive expressions of the Hurdy Gurdy (*wheel violin from France*) which both have histories dating back to at least 1390! Enjoy hearing beloved folk melodies, light classical selections, and passionate original works on them during this unique class.

Jim Kendros is prolific composer with more than 400 works to his credit. He is a concert performer, recording artist, music publisher, educator and seminar speaker. He's the Pre-Concert Lecturer for the Northbrook Symphony Orchestra in Illinois, and the Speaker and Educator for the acclaimed Music Salon of Elgin which meets at the Gail Borden Public Library. He delights in sharing his love of music at libraries, senior centers, residential communities, corporate events, and other private and public venues. His CDs will be for sale after the program.

NOVEMBER 4 & 5

Monday

# 725	The Eye and Its Functions		
	Nov. 4	9:30 – 10:30 a.m.	1 hr.
<p>This presentation will provide a beginner-friendly overview of the eye, and how it enables us to observe the world around us. It will include a review of common diseases in the eye and how current treatments mediate symptoms in patients. Gain a basic understanding of how an extraordinary and complex network of cells allows us to see, and learn about the vast therapeutics that are used to help people retain their vision.</p> <p><i>Alanna Sullivan is a current PhD candidate at the Medical College of Wisconsin studying vision science with a focus on investigating the cellular mechanisms behind photoreceptor degeneration and vision loss in patients with retinal diseases, such as retinitis pigmentosa. She received her B.A. in Neuroscience from Carthage College in 2021 and is a member of the Association for Research in Vision and Ophthalmology.</i></p>			
# 726	Hot Topics Discussion Group		
	Nov. 4	11:30 – 1:00 p.m.	1.5 hrs.
<p>Some issues are “hot” and others seem to have a life of their own. Join this discussion group to share your opinions in a respectful manner. Since this discussion takes place the day before national elections, it is expected that topics may center around the elections and some issues such as: the economy, immigration, free speech and foreign wars. As always, fast breaking news may be chosen. Come and join us and prove that “Yes, we can all get along” as we gain valuable insights from both those who agree with us and those who don’t .</p> <p><i>Joseph Zgonc has served for 9 years as the instructor/moderator for discussion topics at the Institutes for Learning in Retirement at Slippery Rock University and Waukesha County, and here at the Elm Grove School for Lifetime Learning.</i></p>			
# 727	The Business Side of Pro Baseball		
	Nov. 4	1:30 - 3:00 p.m.	1.5 hrs.
<p>Show Me the Money! Get the Scoop on Baseball as a Business from the perspective of a retired financial executive with the Milwaukee Brewers. Dick Hoffman will share his experiences with Professional Baseball during two tumultuous decades in baseball history. He will also recount his experiences and insights gleaned from his summer jobs with the Braves in 1960 & 1961.</p> <p><i>Dick Hoffmann is a Milwaukee native. In 1966 he graduated from UWM with a degree in accounting. Then he worked as an auditor for Arthur Andersen, one of the largest accounting firms. Afterwards he spent 21 years, from 1974 to 1995, as a financial executive with the Milwaukee Brewers Baseball Club.</i></p>			

Tuesday

# 728	Reconfiguring World Order		
	Nov. 5	9:30 - 10:30 a.m.	1 hr.
<p>The world is changing as evolving powers/countries realign economic and political structures. In addition to examining the global order in the context of the past, present and future considerations, we will investigate pivot points for change such as:</p> <ul style="list-style-type: none"> • What is driving conflict between Russia and the U.S. in Ukraine and elsewhere? • Are the BRICS countries (<i>Brazil, Russia, India, China, South Africa and new members</i>) creating a new multi-polar order threatening U.S. leadership? <p><i>Jeffrey Sommers, PhD is a professor of political economy & public policy at UWM. He’s enjoyed visiting professorships in Sweden and Romania, and has provided counsel to high-level ministerial & government leaders, and financial institutions around the world.</i></p>			
# 729	Broadcasting Wisconsin Sports		
	Nov. 5	11:30 - 12:30 p.m.	1 hr.
<p>Learn about Stephanie Sutton’s journey from growing up in the Elmbrook school district to becoming a Sports Anchor/ Reporter on WISN-12 in Milwaukee. During this presentation, she will share how she covers sports in Wisconsin, her favorite athletes to interview. She will even give YOU a chance to announce highlights!</p> <p><i>Stephanie Sutton is a Brookfield native and award-winning journalist for WISN-12 in Milwaukee. Her broadcast career spans three decades, covering sports in Wisconsin for 22 of those years. Her career highlights include the 2024 NFL Draft in Detroit, the Bucks’ 2021 Championship run, three Packers NFC Championships, the Wisconsin Badgers’ Final Four runs in 2014 and 15, and Donald Driver’s Mirror Ball Trophy win on Dancing with the Stars in 2012.</i></p>			
# 730	Cold War Wisconsin		
	Nov. 5	1:30 - 3:00 p.m.	1.5 hrs.
<p>This presentation will highlight the Badger state's role within the larger Cold War conflict with the Soviet Union in the 20th century. Find out why nuclear missiles were deployed in the Milwaukee area, how Joseph Stalin's only daughter sought refuge in Richland Center, why a cargo ship from Kewaunee is still held in North Korea, and other fascinating tales of this bygone era.</p> <p><i>Christopher Sturdevant is a children’s librarian and author of three books: Cold War Wisconsin, Cold War Illinois, and Cold War Virginia with the History Press. He’s a Carroll University graduate, U.S. Air Force veteran, and Chairman of the Midwest Chapter of the Cold War Museum in Washington, D.C. He has represented Team USA in master’s level track championships on three continents. His travels have taken him to North Korea, Chernobyl and Afghanistan.</i></p>			

NOVEMBER 11 & 12

Monday

# 731	The Fiery Temper of Dwight Eisenhower		
	Nov. 11	9:30 - 11:00 a.m.	1.5 hrs.
<p>Dwight D. Eisenhower came from very humble beginnings. As a child with siblings close in age, he had to scramble and claw his way while growing up. At age 10, a Halloween incident marked a defining moment in his life. Later, he was greatly influenced by a forgotten military man and hobo. Come to this presentation to learn interesting facts and lesser-known stories about how Ike rose to become a Soldier, Commander, World Leader, and President of the USA.</p> <p>Tim Mutterer is a historian, lecturer and author. He enjoys giving presentations on the lives of Presidents and First Ladies. Often he speaks at Veterans Homes and Hospitals, and gives the veterans Teddy Bears or Squishmallows® which they appreciate because they are soft and cuddly. (If this cause appeals to you, Tim would gladly accept any size bear from class participants after his presentation.)</p>			
# 732	Veterans Day: Beginning to Present		
	Nov. 11	11:30 - 1:00 p.m.	1.5 hrs.
<p>Veterans Day underwent many iterations before Congress mandated November 11th as a legal holiday in recognition of the end of the Great War and in honor of American veterans. Observances include: Ceremonies at the Tombs of the Unknown in the U.S. and Europe, Parades with uniformed military troops, Speeches by dignitaries, and Special Veteran Recognitions. Greater Milwaukee offers a multitude of opportunities to recognize and honor veterans with parades, ceremonies, events, and discounted services. Join us as we march through the metamorphosis of this patriotic day.</p> <p>Diane Duscheck served as National President of the American Legion Auxiliary in 2017-2018, and is now VP of its Foundation that supports veterans. She's also a board member of the Markesan Historic Society that searches for unidentified veterans buried in local cemeteries.</p>			
# 733	Move It or Lose It!		
	Nov. 11	1:30 - 3:00 p.m.	1.5 hrs.
<p>Your body was meant to move. So, let's get up and give it what it wants. This class will give you some tips that will help you be proactive and feel more comfortable when doing your favorite activities such as: gardening, sewing, crafting, etc. There will be interactive demonstrations of different movements and stretches that you can do to keep your muscles working well. You'll feel better and your muscles will thank you!</p> <p>Judith Utz Arand, PhD, PT is a licensed physical therapist who has treated patients across the lifespan from pediatrics to geriatrics. She has also taught in physical therapy advanced degree programs at Northwestern University and Governors State University, and in other programs at the Graduate School of Loyola University of Chicago.</p>			

Tuesday

# 734	O'Carolan: The Blind Harper		
	Nov. 12	9:30 - 10:30 a.m.	1 hr.
<p>Turlough O'Carolan was born in Ireland in 1670. He was blinded by smallpox at 18 and so to support himself, he set on a path as a harpist and composer. Many of his tunes were written for wealthy patrons as he traveled Ireland making his living. This presentation will provide a glimpse of the tradition of traveling bards in Ireland during the 17th century, as well as samples of O'Carolan's music in story and played on whistle, flute or mandolin.</p> <p>Ron Kral retired from careers in Education and Ministry, and now is pursuing his interest in Irish music and his hobby of playing musical instruments including the guitar, mandolin, Irish whistles and simple system flutes. This led him to investigate the life and times of Turlough O'Carolan, Irish harpist and composer, whose compositions remain popular today in the "songbook" of traditional Irish music.</p>			
# 735	Indian Mounds: Horicon Marsh & Upper Rock River		
	Nov. 12	11:30 - 12:30 p.m.	1 hr.
<p>The Indian Mounds of the Horicon Marsh and Upper Rock River are archeologically significant with the <i>Effigy Mounds Burial Complex</i> alone having more than 160 documented burial mound sites. This presentation will put ancient Native American burial mounds into prehistoric context, explain their differences, and discuss the ideology and meaning of the various burial mound shapes.</p> <p>Kurt Sampson is a museum curator with over 18 years of experience and an archaeologist with over 30 years of experience in Wisconsin archaeological research focused on various historical themes and Native American burial mounds and ceremonial sites in the state and surrounding region. He is also the co-author of the book titled "Indian Mounds of the Horicon Marsh and Upper Rock River" that will be on sale after his presentation.</p>			
# 736	China's Century of Humiliation		
	Nov. 12	1:30 - 3:00 p.m.	1.5 hrs.
<p>China's "Century of Humiliation" describes the period from the Opium Wars through the Second World War, and is a key part of Modern China's founding narrative. The Chinese Communist Party (CCP) asserts that their victory in the 1949 civil war ended this sad era and validate their legitimacy. While many people in Taiwan agree that the Chinese people were wronged during this period, they object to the CCP using this narrative to take control of their country. We will explore what was the Century of Humiliation and how it is being used in modern politics.</p> <p>Rick Rocamora lived in China for 10 years managing Cooper Power System's Asia Pacific Market. While there, Rick and his wife studied the Chinese language, history, and culture. Now retired, he often speaks about Chinese history and current events.</p>			

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